Banana Pecan Cake With Cream Cheese Icing

For years I would see banana cake mixes in the stores, now you will be hard pressed to find one. I guess the cake mix companies think banana cakes are out of style. I use all of my ripe bananas to make this very moist cake. I also love the height this cake is with the 3 layers and cream cheese filling.

325°F

*Three 7-inch round cake pans, prepared by spraying with non-stick spray Serves 8 to 10

Cake:

3 cups cake flour 1 tsp baking soda 1/2 tsp baking powder

1/2 tsp salt

2 cups granulated sugar

1 cup unsalted butter, softened

3 large eggs 6 tbsp buttermilk

1-1/2 cups ripe bananas, mashed

2 tsp pure vanilla extract 1/2 cup chopped toasted pecans

- 1. In a bowl, combine flour, soda, baking powder, and salt. Set aside.
- 2. In a mixer bowl, fitted with the paddle attachment, cream sugar and butter until softened and creamy, about 2 minutes. Add eggs one at a time blend in-between each egg. Add buttermilk, bananas and vanilla.
- 3. On low speed, add dry ingredients; mix only until blended, about 2 minutes.
- 4. Fold in pecans.
- 5. Divide evenly in prepared baking pans. Spread batter out to the sides as it is very thick. Bake in preheated oven until a toothpick inserted into center comes out clean, 40 to 50 minutes.
- 6. Cool in pans for 10 minutes on a rack then remove and leave on rack until completely cool.
- 7. Prepare Cream Cheese Icing

Cream Cheese Icing

This rich icing has many uses. Carrot cake, red velvet or muffins!

Makes about 3 cups Enough to ice a regular size cake

8 oz cream cheese, softened 1/2 cup unsalted butter, softened

1 tsp vanilla extract

2 lbs confectioners' sugar

 In a mixer bowl fitted with a paddle attachment beat cream cheese and butter on medium high speed until smooth, about 3 minutes. Add vanilla and confectioners sugar on low speed until it gathers, about 2 minutes. Place on high speed for 4 minutes. If icing is too stiff add a few drops of water or milk.

*Note: If you do not have three 7-inch pans you can put the entire batter into two 9-inch pans. Baking time will be close to the same..